

Alex Karan, Ph.D.

Education

- 2019-2020 University of Illinois, Urbana-Champaign
Postdoctoral Research Associate
Dr. Dolores Albarracin
- 2019 University of California, Riverside
Dissertation Title: Linguistic Markers of Empathic Accuracy in
Everyday Life for Romantic Couples
Dissertation Chair: Dr. Megan Robbins
- 2013 University of California, Los Angeles
BA in Psychology with Cognitive Science minor

Honors and Awards

- 2018 Dissertation Year Program Fellowship, UC Riverside - \$12,946.62
- 2017 UC Health Consortium Cross-Campus Grant Winner - \$8,000
“The Social Experiences of Latinx students in Culturally-Themed Dorms”
- 2016 Society for Personality and Social Psychology 2017 Travel Award - \$500
- 2014-2019 Eugene Cota Robles Fellowship, UC Riverside - \$169,858
- 2012-2013 Psychology Research Opportunities Programs (merit-based scholarship), UCLA -
\$2,000
Advisor: Dr. Annette Stanton
“Factor analysis of the PANAS assessing the dimensionality of emotions
as a function of acute stressor exposure”
- 2012 Dean’s Honor List and Honors Content, UCLA

Publications

Tan, J. J. X., **Karan, A.**, & Albarracin, D. (2021). Internal and social sources shape judgments about the mental and physical nature of an experience. *Psychology of Consciousness: Theory, Research, and Practice*.

Robbins, M. L., **Karan, A.**, & Randall, A. (2021). Initial examination of social compensation and honing frameworks for sexual minority social life and well-being. *Journal of Social and Personal Relationships*. 38(1). <https://doi.org/10.1177/0265407520961840>.

Karan, A., & Albarracin, D. (in press). Resistance to persuasion. In M. Hogg (Ed.), *The Oxford Research Encyclopedia of Social Psychology*. Oxford University Press.

Dunlop, W., **Karan, A.**, Wilkinson, D., & Harake, N. (2020). Love in the first degree: Individual differences in first-person pronoun use and adult romantic attachment styles. *Social Psychological and Personality Science*. 11(2). <https://doi.org/10.1177/1948550619847455>.

Sillars, A. A., Nicholaides, C., **Karan, A.**, Wright, R. C., Robbins, M. L., & Davis, E. L. (2020). Gender differences in the associations of reappraisal and humor styles. *HUMOR: International Journal of Humor Research*, online only, <https://doi.org/10.1515/humor-2019-0016>.

Robbins, M. L., & **Karan, A.** (in press). Who gossips and how in everyday life. *Social Psychological and Personality Science*. <https://doi.org/10.1177/1948550619837000>

Shih, E. W., Quinones-Camacho, L. E., **Karan, A.**, & Davis, E. L. (2019). Physiological contagion in parent-child dyads during an emotional challenge. *Social Development*. 28(3), 620-636 <https://doi.org/10.1111/sode.12359>

Karan, A., Rosenthal, R., & Robbins, M. L. (2018). Meta-analytic evidence that we-talk predicts relationship and personal functioning in romantic couples. *Journal of Social and Personal Relationships*. 36(9), 2624-2651. <https://doi.org/10.1177/0265407518795336>

Robbins, M. L., & **Karan, A.** (2018). Naturalistically observing non-cancer conversations among couples coping with breast cancer. *Psycho-Oncology*, 27(9), 2206-2213. <https://doi.org/10.1002/pon.4797>

Robbins, M. L., Wright, R. C., & **Karan, A.** (in press). Everyday coping behaviors. In K. Sweeny & M. L. Robbins (Eds.), *The Encyclopedia of Health Psychology* (Vol. 2). West Sussex, UK: John Wiley & Sons Ltd.

Karan, A., Wright, R. C., & Robbins, M. L. (2016). Everyday emotion word and personal pronoun use reflects dyadic adjustment among couples coping with breast cancer. *Personal Relationships*, 24(1), 36-48. <http://dx.doi.org/10.1111/pere.12165>

Wiley, J. F., Clearly, E. H., **Karan, A.**, & Stanton, A. L. (2015). Disease controllability moderates the effect of coping efficacy on positive affect. *Psychology and Health*, 31(4), 498-508. <http://dx.doi.org/10.1080/08870446.2015.1094570>

Manuscripts Under Review and In Preparation

Fayaz Farkhad, B., **Karan, A.**, & Albarracin, D. (revise and resubmit). Longitudinal pathways to influenza vaccination vary with sociostructural disadvantages.

Harake, N. R., **Karan, A.**, & Dunlop, W. L. (under review). Authoring a coherent love story: Romantic attachment tendencies and narrative identity coherence.

Karan, A., Manganiello, A., & Murray, C. (under review). Self-Esteem differentially predicts system justification in higher- and lower-status groups.

Manganiello, A., **Karan, A.**, Horton, C., & Murray, C. (in prep). Meta-analysis across experimental manipulations of system justification.

Presentations

Manganiello, A., **Karan, A.**, & Murray, C. (2021, April). Self-Esteem differentially predicts system justification in higher- and lower-status groups. Invited talk at Social/Personality area brown bag presentation at UCR.

Karan, A., APPC 2018-2019 ASK Group, & Albarracin, D. (2020, February). Longitudinal pathways to flu vaccination as a function of social disadvantages. Flash talk at the annual Social, Personality, and Health Preconference, New Orleans, Louisiana.

Karan, A. & Robbins, M. L. (2019, February). Social interactions are more positive for lesbian and gay than heterosexual couples. Flash talk at the annual Close Relationships Preconference, Portland, Oregon.

Robbins, M. L. & **Karan, A.** (2019, February). Daily alcohol use, affect, and stress, among lesbian, gay, and heterosexual couples. Flash talk at the annual Social, Personality, and Health Preconference, Portland, Oregon.

Karan, A. (2018, October). Examining well-being in close relationships: Multimethod approaches to inform interventions. Social/Personality area Brown Bag presentation at UCR.

Chiarello, C., Macbeth, A., Bruni, M., Atagi, N., Mech, E., Sarkis, J., Montag, J., **Karan, A.**, & Robbins, M. (2018, November). Lend me your EAR: An experience sampling method to investigate natural speech. Presentation at Psychonomic Society Annual Meeting, New Orleans, Louisiana.

Atagi, N., Mech, E., Macbeth, A., Bruni, M., Sarkis, J., Montag, J., **Karan, A.**, Robbins, M. L., & Chiarello, C. (2018, November). The effects of literacy experiences on bilinguals' everyday speech. Presentation at Psychonomic Society Annual Meeting, New Orleans, Louisiana.

Karan, A., & Robbins, M. L. (2017, November). Empathic accuracy as a link between language and satisfaction in romantic couples. Social/Personality area Brown Bag presentation at UCR.

Karan, A., & Robbins, M. L. (2017, November). Romantic partners may influence health more among same-sex compared to different-sex couples. Flash talk at the UC Intercampus Consortium on Health Psychology, Lake Arrowhead, California.

Karan, A. & Robbins, M. L. (2017, June). Using a multimethod, ambulatory approach to studying the quality of same- and different-sex romantic relationships. Presentation at the Dynamic Systems Preconference for the Society for Ambulatory Assessment Conference, Luxembourg.

Nicholaides, C., Sillars, A., **Karan, A.**, Wright, R. C., Robbins, M. L., & Davis, E. L. (2017, April). What's so funny?: Sense of humor and using humor in specific ways jointly predict people's use of emotion regulation strategies. Presentation at annual Western Psychological Association meeting, Sacramento, California.

Karan, A., Rosenthal, R., & Robbins, M. L., (2017, March). A meta-analytic approach to we-talk and positive functioning in romantic couples. Presentation at the UC Well-Being Conference, Riverside, California.

Karan, A., Gray, J. S., & Robbins, M. L. (2017, March). Let's talk about (the factors that predict) sex (and sexual desire). Social/Personality area Brown Bag presentation at UCR.

Karan, A., Rosenthal, R., & Robbins, M. L. (2017, January). We-talk reflects better well-being: A meta-analytic review. Datablitz presentation at the annual Close Relationships preconference, San Antonio, Texas.

Robbins, M. L., **Karan, A.**, & Wright, R. C. (2016, August). Everyday Social Interactions among Couples Coping with Breast Cancer. Presentation at the Dynamic Systems Modeling meeting, Aberdeen, Scotland.

Robbins, M. L., **Karan, A.**, & Wright, R. C. (2016, July). The Importance of Everyday Conversations among Couples Coping with Breast Cancer. Presentation at the semi-annual meeting of the International Association for Relationships Research, Toronto, Canada.

Karan, A., Rosenthal, R., & Robbins, M. L. (2016, April). You Can't Spell Well-Being without We: A Meta-Analysis on First-Person Plural Pronoun Use in Romantic Relationships. Social/Personality area Brown Bag presentation at UCR.

Karan, A., Wright, R. C., & Robbins, M. L. (2016, January). Word use as a reflection of dyadic adjustment in couples coping with breast cancer. DataBlitz presentation at the annual Social and Personality Health Network preconference, San Diego, California.

Poster Presentations

Karan, A., Tan, J. J. X., & Albarracin, D. (April, 2020) Everyday experiences are predicted by mental and physical mindsets. Poster presentation at the Midwest Psychological Association annual conference, Chicago, Illinois.

Karan, A. (February, 2020). Emotions vary by couple composition and gender: Assessing factor structures of emotions. Poster presentation at the annual Society for Personality and Social Psychology meeting, New Orleans, Louisiana.

Karan, A., Gray, J. S., & Robbins, M. L. (February, 2019). Everyday behaviors predict sexual desire through interdependent, rather than personal, feelings. Poster presentation at the annual Society for Personality and Social Psychology meeting, Portland, Oregon.

Bruni, M., Macbeth, A., Atagi, N., Mech, E., Sarkis, J., Montag, J., **Karan, A.,** Robbins, M. L., & Chiarello, C. (2018, November). Does self-report predict bilingual language use? Presented at Psychonomic Society, 59th Annual Meeting, New Orleans.

Macbeth, A., Bruni, M., Mech, E. N., Sarkis, J. T., **Karan, A.,** Robbins, M. L., & Chiarello, C. (2018, August). Using the EAR to track bilingual language. Society for Neurobiology of Language Annual Meeting, Quebec City, Canada.

Karan, A. & Robbins, M. L. (2017, June). Does quantity equate quality? An exploration of differing sampling rates use the Electronically Activated Recorder (EAR). Poster presentation at the Society for Ambulatory Assessment Conference, Luxembourg.

Karan, A., Rosenthal, R., & Robbins, M. L. (2017, January). We-talk reflects better well-being: A meta-analytic review. Poster presentation at the annual Society for Personality and Social Psychology meeting, San Antonio, Texas.

Karan, A., Robbins, M. L., & Rosenthal, R. (2016, April). We-talk reflects better well-being: A meta-analytic review. Poster presentation at the annual Western Psychological Association conference, Long Beach, California.

Karan, A., Wright, R. C., & Robbins, M. L. (2016, January). Word use as a reflection of dyadic adjustment in couples coping with breast cancer. Poster presentation at the annual Society for Personality and Social Psychology conference, San Diego, California.

Professional Service

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| 2020 | Lead journal club for Health, Social Media, Technology, and Health Group at the University of Illinois, Urbana-Champaign |
| 2019 | Archivist to preserve Robert Rosenthal's contributions to Psychology – to be made into a special collection at the Rivera Library at UC Riverside |
| 2018 | Diversity and Inclusion Committee at UC Riverside Held workshop on "Pursuing a Graduate Degree in Psychology," UC Riverside Academic Resource Center |
| 2016 | Conducted graduate student panel for Psi Chi Conducted graduate student panel for Phi Delta Epsilon's premedical students Presentation at transfer orientation day about undergraduate research in Psychology Presentation at transfer event for Puente about undergraduate research in Psychology Odyssey of the Mind: Psychology Booth |

- 2015 Presentation at Umogi event at UCR for incoming transfer students about undergraduate research in Psychology
Conducted graduate student panel for Psi Chi
Held workshop on “Pursuing a Graduate Degree in Psychology,” UC Riverside Academic Resource Center
- 2012 Students for Community Outreach Promotion and Education at Ronald Reagan Medical Center and Robert Levine Teen Clinic in Los Angeles
Sustainability Effort on the Hill

Mentoring

Supervise 3 undergraduate research assistants with weekly meetings
Fall 2019 – Spring 2020

Supervise 30 undergraduate research assistants with weekly meetings
Fall 2014 – Spring 2019

Graduate student mentor for independent student project at UCR, Christian Garcia
Project title: Associations between personality, age, and word use.
Summer 2017

Graduate student mentor for Chancellor’s Research Fellowship at UCR, Matthew Leitao
Project title: Vocal tone and emotion among women coping with breast cancer.
Fall 2015

Teaching

Instructor for Social Communication in the Age of Digital Media at University of Illinois, Urbana-Champaign
Combined Undergraduate and Graduate Course
Spring 2020

Teaching assistant for Health Psychology at UCR (average effectiveness: 6.40/7.00)
Instructors: Megan Robbins, Dietlinde Heilmayr, Kristina Mouzakis
Summer 2018, Winter 2018, Fall 2016, Summer 2016

Teaching assistant for Psychological Methods at UCR (average effectiveness: 6.67/7.00)
Instructor: Megan Robbins
Spring 2018, Spring 2017

Teaching assistant for Psychological Statistics at UCR (average effectiveness: 6.72/7.00)
Instructor: Dan Ozer
Fall 2017

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Guest lecture on Social Relations: Prejudice, Romantic Relationships and Altruism for
Introduction to Psychology
Instructor: Elizabeth Davis
February 2017.

Teaching assistant for Introduction to Psychology at UCR (average effectiveness: 6.45/7.00)
Instructor: Elizabeth Davis
Winter 2017

Teaching assistant for Personality Psychology at UCR (average effectiveness: 6.40/7.00)
Instructor: David Funder
Spring 2016

Guest Lecture on Social support and adherence for Health and Behavior Change
Instructor: Megan Robbins
Fall 2015

Teaching assistant for Social Psychology at UCR (average effectiveness: 6.10/7.00)
Instructor: Kate Sweeny
Fall 2015